

Nutrition Facts

Serving Size Entire Recipe 365g (365 g)

Amount Per Serving

Calories 264

Calories from Fat 3

% Daily Value*

Total Fat 0g 1%

Saturated Fat 0g 1%

Trans Fat

Cholesterol 0mg 0%

Sodium 921mg 38%

Total Carbohydrate 41g 14%

Dietary Fiber 3g 12%

Sugars 12g

Protein 25g

Vitamin A 1% • Vitamin C 15%

Calcium 1% • Iron 1%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.