

# Nutrition Facts

Serving Size Entire Recipe 66g (66 g)

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## Amount Per Serving

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**Calories** 210

Calories from Fat 18

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### % Daily Value\*

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**Total Fat** 2g 3%

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Saturated Fat 1g 5%

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Trans Fat 0g

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**Cholesterol** 70mg 23%

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**Sodium** 50mg 2%

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**Total Carbohydrate** 26g 9%

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Dietary Fiber 1g 4%

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Sugars 23g

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**Protein** 23g

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Vitamin A 0% • Vitamin C 9%

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Calcium 10% • Iron 2%

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\*Percent Daily Values are based on a 2,000 calorie diet.  
Your daily values may be higher or lower depending on  
your calorie needs.